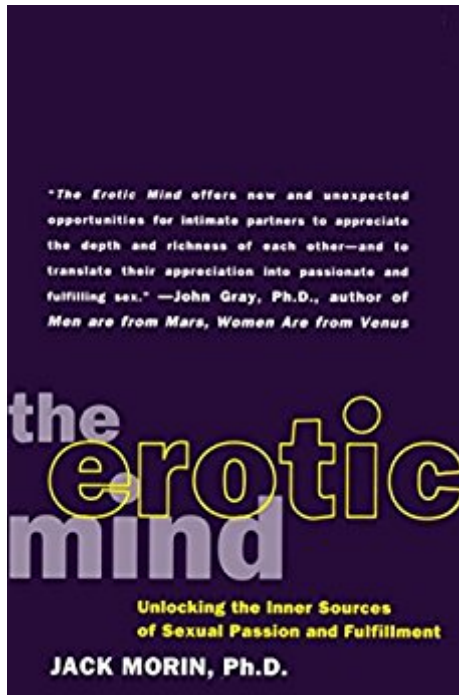


The book was found

# The Erotic Mind: Unlocking The Inner Sources Of Passion And Fulfillment



## Synopsis

Challenging accepted theories about what makes for terrific sex, *The Erotic Mind* is a breakthrough exploration of the least understood dimensions of human sexuality—the psychology of desire, arousal, and fulfillment. Nationally known sex therapist Dr. Jack Morin offers a bold new perspective that celebrates the joys of Eros without denying its risks. Based on an in-depth analysis of over 1,000 provocative stories of peak sexual experiences, *The Erotic Mind* offers clear, accessible guidance on how anyone can utilize his or her own peak encounters and fantasies as powerful tools of self-discovery. *The Erotic Mind* explains the many paradoxes of erotic life, such as: why we're most excited when we must overcome obstacles; how anxiety, guilt, and anger—generally thought to have a negative impact on sexual arousal—often turn out to be aphrodisiacs; how we use unresolved issues from our early lives to intensify passion; and why the best sex is dynamic and unpredictable, rather than static and safe. These and other insights, combined with concrete suggestions for increasing our enjoyment, overcoming our problems, and revitalizing our relationships, will change forever the way we think about our eroticism.

## Book Information

File Size: 1152 KB

Print Length: 402 pages

Publisher: Harper Perennial; Reprint edition (November 13, 2012)

Publication Date: November 13, 2012

Sold by: HarperCollins Publishers

Language: English

ASIN: B009YJYEKK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #43,845 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #50 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sex #77 in Books > Health, Fitness & Dieting > Sexual Health > General #79 in Books > Health, Fitness & Dieting > Psychology & Counseling > Sexuality

## Customer Reviews

In order to be licensed to practice clinical psychology in California, it is necessary to take a seminar on human sexuality. That's how I first heard about this book. The organizer believed that this is the foremost text on human sexuality and sex therapy, and now I can see why...This is powerful, valuable stuff. Here's what makes it good:1. I believe that Morin's landmark contribution is his "paradoxical perspective on eroticism." It challenges a variety of widely-accepted theories about attraction and great sex. As Morin states, "this new paradigm acknowledges and embraces the contradictory, dual-edged nature of erotic life. It recognizes that anything that inhibits arousal-including anxiety or guilt-can, under different circumstances, amplify it." The paradoxical view is at the heart of what makes this book special. It isn't just some scholarly, cerebral view, but rather a theory with profound experiential/practical significance. For instance, as one more fully experiences the profoundest subjective erotic rewards, one also experiences more strongly the tension between passion and fulfillment.2. The book unearths readers' own sexual desires and sexual behaviors (or "Core Erotic Themes"), using unique self-assessment tools. Lots of people (including me) feel that this book really helps them see for the first time their sexual essence, which underlies their perplexing historical feelings and behaviors. Somehow, the revelations are more relieving than shocking. As you get to the bottom of what really turns you on within Morin's system, the world may look different! Of course, there's also great value in determining what makes your partner (or potential partner) click.3.

[Download to continue reading...](#)

The Erotic Mind: Unlocking the Inner Sources of Passion and Fulfillment Inner Peace: Stepping into Serenity to Find Peace of Mind (Inner Peace and Happiness, Peace of Mind Book 1) INTERRACIAL EROTICA: MADE IN CHINA SHORT STORIES GROUP BUNDLE BOOKS (ASIAN PASSION LOVE Sexy Erotic Romance Box Set Younger Female Mature Male ) (Party Fantasy(Erotic Stories for ADULTS))) Meditation: The Ultimate Beginner's Guide for Meditation: How to Relieve Stress, Depression, and Fear to Achieve Inner Peace, Fulfillment, and Lasting ... beginners, anxiety, meditation techniques) Meditation: The Ultimate Beginner's Guide for Meditation: How to Relieve Stress, Depression, and Fear to Achieve Inner Peace, Fulfillment, and Lasting Happiness Mating in Captivity: Unlocking Erotic Intelligence The Passion: Photography from the Movie "The Passion of the Christ" International Relations, International Security, and Comparative Politics: A Guide to Reference and Information Sources (Reference Sources in the Social Sciences) Wholesale Sources: With more than 200 Product Sources for your eBay, , Flea Market and E-Commerce store. Codependency Recovery: Wounded Souls Dancing in The Light: Book 1: Empowerment, Freedom, and Inner Peace through Inner Child Healing Recovery of Your Inner Child: The Highly Acclaimed

Method for Liberating Your Inner Self Inner Bonding: Becoming a Loving Adult to Your Inner Child  
Soulwhisperings: Erotic And Devotional Love Poems For An Outer Or Inner Beloved (Colored  
Version) Erotica Short Stories: Erotic Short Story Collection of Erotic Romance, Billionaire  
Romance, Mail Order Bride, Viking, Highlander & Western Romance The Dawning Moon of the  
Mind: Unlocking the Pyramid Texts Tai Chi for Beginners: The Ultimate Guide to Supercharge Your  
Mind, Increase Your Energy & Feel Amazing By Unlocking the Power of Tai Chi (Tai Chi - Tai ...  
How to Fight - Martial Arts for Beginners) Every Woman's Battle: Discovering God's Plan for Sexual  
and Emotional Fulfillment (The Every Man Series) Christ's Fulfillment of Torah and Temple:  
Salvation according to Thomas Aquinas Happier: Learn the Secrets to Daily Joy and Lasting  
Fulfillment The Heart of Tantric Sex: A Unique Guide to Love and Sexual Fulfillment

[Dmca](#)